



Barracks Lane Community Garden

Charity No. 1116544 and incorporated as Company No. 05945388

PRESS RELEASE

16th August 2010

Bread-making in the garden

Despite heavy rain throughout the afternoon, over 40 people took part in 'Bread Day' at Barracks Lane Community Garden last Saturday. Participants were shown how to make different types of bread, including pizza bases, naan bread and cheese-loaves by local community member Christine McDermott.

Attending the event was John Letts from the [Oxford Bread Group](#) (OBG). OBG is a registered cooperative of local people who buy bread and distribute it via local hubs. John answered questions about the past and recent history of bread-making in England, and spoke about his interest in growing local varieties of wheat. Also taking part was Wheatley baker Joe Coleman, from [Cornfield Bakery](#), who makes bread and supplies the Oxford Bread Group with bread to distribute. Joe demonstrated kneading techniques gave advice on how to make a great loaf.

Using the garden's cob and tandoor ovens, bread and pizza was baked and then enjoyed by participants. Attendee Stephanie Griggs-Trevarthen said "The bread day was fantastic. It was really interesting to hear from the Oxford Bread Group about the nutritional value (or lack of) in modern types of bread, but the best part was when we got to eat all the goodies we had made - delicious!"

Barracks Lane Community Garden's Bread Day event is part of a series of events, funded through the Big Lottery Fund's [Local Food](#) programme, being put on at the garden between 2010 and 2012. The workshops are free and open to all. The garden is situated on Barracks Lane, off Cumberland Road, in Cowley/East Oxford. See website <http://www.barrackslanegarden.org.uk> for further details.

ENDS

Notes

1. Photos: BLCGP 1: Joe Coleman, Cornfield Bakery, Wheatley demonstrating kneading techniques; BLCGP 2: Participants making pizza bases
2. Barracks Lane Community Garden is a community-run green space off the Cowley Road in Cowley/East Oxford. It hosts many regular events as well as special and annual events.

It is also open every weekend from Easter to autumn for all to visit and enjoy. The garden can be booked for children's parties, meetings, workshops, and other community events. Barracks Lane Community Garden, Barracks Lane, off Cumberland Road, Oxford OX4 2AP, E: barrackslanegarden@yahoo.co.uk, W: <http://www.barrackslanegarden.org.uk/>

3. Cornfield Bakery, Wheatley, <http://www.cornfieldbakery.com/>.
4. Oxford Bread Group, <http://www.oxfordlocalbread.org/>.
5. Local Food: has been developed by a consortium of 15 national environmental organisations, and is managed on their behalf by the Royal Society of Wildlife Trusts (RSWT). Supported by the Big Lottery Fund's Changing Spaces programme, Local Food will distribute grants to a variety of food related projects to make locally grown food more accessible. www.localfood.org

The Royal Society of Wildlife Trusts (RSWT): is a registered charity, incorporated by Royal Charter, to promote conservation and manage environmental programmes throughout the whole of the UK. It has established management systems for holding and distributing funds totalling more than £20 million annually to environmental projects across the UK.

The Big Lottery Fund's Changing Spaces programme was launched in November 2005 to help communities enjoy and improve their local environments. The programme funds a range of activities from local food schemes and farmers markets, to education projects teaching people about the local environment. The Big Lottery Fund, the largest of the National Lottery good cause distributors, has been rolling out £2 million in Lottery good cause money every 24 hours to health, education, environment and charitable causes across the UK. www.biglotteryfund.org.uk.

6. Further photos:
<http://www.flickr.com/photos/barrackslanegarden/sets/72157624735752770/>

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